

FLOW FITNESS ACADEMY OXFORD

FULL COURSE LIST:

Level 3: Diploma in Pilates

QUALIFICATION:

YMCA Level 3

PRICE:

£1,900

Level 3: Diploma in Yoga

YMCA Level 3

£1,900

Level 3: Diploma in Supporting Participation in Physical Activity: Long-Term Health Conditions

YMCA Level 3

£950

Yoga Studio Mentorship Programme

CPD

£595

Level 1: Body Image and the Relationship with Well-being

YMCA Level 1

£295

First Aid for Sport

£295

Level 1 / Level 2: English as a Foreign Language

YMCA Level 1 / 2

£295

Level 1: Introduction of Lifestyle Management

YMCA Level 1

£295

Level 1: Award in Employability and Personal Development

YMCA Level 1

£295

Level 1: Award in Health Champions

YMCA Level 1

£295

Level 3: Award in Business Skills for Fitness Professionals

YMCA Level 3

£495

Level 3: Personal Training

YMCA Level 3

£1,900

Level 2: Gym Instruction

YMCA Level 2

£1,250

Level 2 Gym Instruction & Level 3 Personal Training Package

YMCA Level 2 & 3

£2,750

Level 2: Exercise & Fitness: Group Exercise Instructor (ETM)

YMCA Level 2

£575

English for Fitness Professionals

12 CPD Hours

£175

Essential Business Skills for Fitness Professionals

19 CPD Hours

£295

Clinical insights and Recommendations in Pilates training

£575



Contact us: hello@flowfitnessacademyoxford.org.uk
Visit: www.flowfitnessacademyoxford.org.uk

YMCA Awards Accredited
CPD Certified Training Provider